

“Teach Flu a Lesson”!

Dickey County Health District will be offering in-school flu vaccinations this fall.

Vaccination Clinics will be held at each school during school hours.

Vaccinations will be available to all children in grades K-12. Flu vaccine will be available in mist and shot form.

Flu: More serious than a cold, more likely to infect kids.

Raising flu vaccination rates will help prevent students, their families and the community from getting the flu. About 5% to 20% of the population will be stricken with the flu each year. Children and adolescents are nearly 3 to 4 times more likely to be infected with the flu than adults. In 1996, flu caused 38 million lost school days here in the US.

Flu can cause high fevers, extreme tiredness, body aches, and headaches. It can also lead to more serious illnesses, such as pneumonia, ear infections, and hospitalization. On average, 400 North Dakotans die from flu and its complications each year.

The best way to prevent the flu is to get a flu vaccination each year.

The Centers for Disease Control and Prevention (CDC) recommends all school-aged children through the age of 18 years be vaccinated against the flu. Vaccination rates in school-aged children remain low. Protect your child, your family, and the community. Help Dickey County “Teach Flu a Lesson”!